



UNNAT BHARAT ABHIYAN
ST. MARY'S COLLEGE (AUTONOMOUS)
104, NORTH BEACH ROAD
THOOTHUKUDI - 628001



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AISHE Code:C-41151

Unnat Bharat Abhiyan Activities

June 2019 – Dec 2019

Submitted by

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Thoothukudi – 628 001
Tamilnadu, India

UBA Report
(June 2019 – December 2019)

| | Places for UBA Activity | Department |
|-------------------------|-------------------------|---|
| Korampallam | Kalangarai | Mathematics (Regular) |
| | Periyanayagipuram | Microbiology |
| | Anthonyarpuram | Physics |
| | | Chemistry |
| Maravanmadam | | Economics, Psychology |
| Palayakayal | Ambroise Nagar | Mathematics (SSC) |
| | Paripoorna Nagar | Zoology |
| | Ganesh Nagar | Commerce (Regular), Commerce Corporate (SSC) |
| | Mother Tresa Nagar | Commerce (SSC) |
| Servaikaranmadam | | Botany, BBA |
| Tharuvaikulam | | English (Regular), English (SSC), Computer Science, History |

| ACTIVITIES | | | |
|------------------------------|---|---|-------------|
| Village Adopted/Venue | | UBA Activities | Date |
| St. Mary's College | | Orientation to Staff who Involve in UBA Activities | 17.07.2019 |
| St. Mary's College | | Orientation Programme to Students who Involve in UBA Activities | 20.07.2019 |
| Korampallam (Kalangarai) | 1 | Preparation of Handworks Using Waste Materials & The Importance of Medicinal Plants | 10.08.2019 |
| | 2 | Gram Sabha | 13.09.2019 |
| | 3 | Water Conservation and Plastic Free Village | 28.09.2019 |

| | | | |
|------------------------------------|----|--|----------------------------|
| | 4 | Eradicating Math Phobia and Dengue Awareness Programme | 05.10.2019 |
| | 5 | Medical Camp | 07.12.2019 |
| Korampallam (Periyamayagipuram) | 6 | Basic Survey | 10.08.2019 |
| | 7 | Awareness on Water Conservation And Avoiding Plastic | 28.09.2019 |
| | 8 | Distribution of Plant Saplings and Cloth Bags | 05.09.2019 |
| | 9 | Distribution of Nilavembu Kasayam | |
| Korampallam (Anthonyarpuram) | 10 | Basic Survey | 10.08.2019 |
| | 11 | Meeting with Village Representatives | 12.08.2019 |
| | 12 | Grama Sabha Awareness about Eradicating the Plastics | 19.08.2019 25.09.2019 |
| | 13 | Preparation of Vermicompost | 05.10.2019 |
| | 14 | Workshop on Palm Leaf Craft | 19.10.2019 – 24.10.2019 |
| Maravanmadam | 15 | Awareness Programme on Empowering Women Through Self-Help Groups | 10.08.2019 |
| | 16 | Area Cleaning | 15.08.2019 |
| | 17 | Plastic Free Village (Swachhata Hi Sewa) | 28.09.2019 |
| | 18 | Seeds Distribution | 05.10.2019 |
| | 19 | Nilavambukasaiyam distribution and Laughter Therapy, Clapping Therapy, Body-Movement Therapy | 19.10.2019 |
| | 20 | Dental Camp | 07.12.2019 |
| Palayakayal | 21 | UBA Staff consultation with Village Councillor and Self-Help Groups | 02.08.2019 |
| | 22 | Visiting Village People | 10.08.2019 |
| | 23 | Gram Sabha | 14.08.2019 |
| | 24 | Jal Shakthi Gram & Swachhata Hi Sewa Campaign | 03.10.2019 |

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|------------------|----|--|-------------------------|
| | 25 | Cleaning and Distribution of Nilavembu Kasayam | 09.12.2019 |
| Tharuvaikulam | 26 | One Day Self and Environmental Development Workshop Camp | 10.08.2019 |
| | 27 | Tree Plantation | 09.08.2019 - 10.08.2019 |
| | 28 | Roof Gardening | 10.08.2019 |
| | 29 | Pond Cleaning | 15.08.2019 |
| | 30 | Gram Sabha | 15.08.2019 |
| | 31 | Roof Gardening | 14.09.2019 |
| | 32 | House Wise Anti-Plastic Awareness Campaign | 02.10.2019 |
| | 33 | Spoken English Course | 04.10.2019 |
| | 34 | Training On Paper Bag Making | 04.10.2019 |
| | 35 | Digital Literacy and Roof Gardening | 19.10.2019 |
| | 36 | Roof Gardening | 07.12.2019 |
| | 37 | Empowering Women Through Tailoring Training Programme | 07.12.2009 |
| Servaikaranmadam | 38 | Interaction with villagers | 10.08.2019 |
| | 39 | 73 rd Independence Day Celebration | 15.08.2019 |
| | 40 | Training Programme on Tailoring for women | 12.09.2019 |
| | 41 | Creating awareness about usage of cloth bags and Helping our village people to get proper drinking water | 03.10.2019 |
| | 42 | Soap making workshop – Hands on Training | 19.10.2019 |

Orientation Programme to Staff who Involve in UBA Activities - Date: 17.07.2019



Unnat Bharat Abhiyan, St.Mary's College gave orientation to Staff who involve in UBA activities on 17th July 2019. Dr.S.Kulandai Therese, UBA coordinator welcomed the staff and explained about Unnat Bharat Abhiyan programme. Tmty.Rajathi, Morning Trust described the needs of village people

Orientation Programme to Students who involve in UBA activities - Date: 20.07.2019

Unnat Bharat Abhiyan, St.Mary's College gave orientation to students who involve in UBA activities on 20th July 2019.

Ms. AdshayaNanduri, the Project Manager of Infosys inaugurated the session. Dr. Sr. S. Kulandai Therese, UBA Co-ordinator, welcomed the gathering. The student representatives from each department read their respective Action Plan for the year 2019-20. Students representatives from each department read the Action Plan for the year 2019-2020. Panchayat Clerk, Former village Councilors and representatives from the adopted villages – Servaikaranmadam, Maravanmadam, Pazhayakayal, Korampallam and Tharuvaikulam were honoured. Rev.Dr.Sr.A.S.J Lucia Rose, Principal, delivered the Presidential address. Ms. Adshaya Nanduri addressed the students and planted saplings in the campus. Representatives from Morning Star Trust, Lions Club, V Can Trust, Diamond Shipping Agency, JCI organization and Ambigammal Technical Institution oriented the students on various topics. Various development schemes such as Terrace gardening, Water conservation, Rain water harvesting and self-employment development programme schemes such as tailoring, fashion designing, were discussed by many social activists who headed the programme and also insisted this practice in our day today life and also to create an awareness in the adopted villages. Parallel sessions on Bio-Gas demonstration, Tree Plantation and Soft - skill trainings were given to the students. Rotary Club of St. Mary's college also supported the programme. The students actively participated in all the activities.

UBA in Korampallam (Kalangarai)

PREPARATION OF HANDWORKS USING WASTE MATERIALS & THE IMPORTANCE OF MEDICINAL PLANTS - 10.08.2019

The Department of Mathematics organised a Community Development(UBA) UBA programme on 10 August 2019 in Korampallam. The students of II B. Sc. Mathematics



visited the houses in Korampallam to implement the ideas of Water Conservation and Cleanliness among people.

Also the students conducted tuitions to the school children. Ms. Lakshmi Priya of II B.Sc Mathematics explained the Fundamentals of Mathematics by using various models.

Ms. Keerthika of II B.Sc Mathematics explained about the

nutritional facts and the uses of Vitamins. Ms. Sini Divya of II B.Sc Mathematics demonstrated the preparation of Handworks using waste materials. Ms. Vinishno Angeline gave a talk about the Natural



Benefits and the importance of medicinal plants and its medicinal values.

GRAM SABHA - 13.09.2019

Two students and the staff in-charge Dr.J.ArulJesti participated in the Village



Sabha organised by the Village Panchayat on 13th September 2019. The people of Korampallam discussed their needs and oath was taken regarding healthy nutrients.

WATER CONSERVATION AND PLASTIC FREE VILLAGE - 28.09.2019

The Department of Mathematics organised the UBA programme on 28th September 2019 at



Vadakkukalanganrai, Korampallam Panchayat on the topic

“Water Conservation and Plastic Free Village” under Jal Sakthi Gram and Swachatta Hi Sewa. Ms. Muthumari and Ms. Doni Limra of II B.Sc. Mathematics gave an awareness speech. The students performed Tableau



and Awareness Song. To improve avoiding plastics, the students disposed plastics from the village and gave cloth bags to the people and insisted them to be eco-friendly. Also the students generated awareness through Rally.

ERADICATING MATH PHOBIA AND DENGUE AWARENESS PROGRAMME



05.10.2019 - On 5th October 2019 Saturday, the Department of Mathematics visited the adopted village Korampallam. The students of II B.Sc Mathematics helped the small children in learning Mathematics, Science

and English. Also, they visited the houses and generated awareness on the Killer fever Dengue. They taught them the causes and remedial measures of Dengue.



UBA activities in Korampallam (Periyanayagipuram)

BASIC SURVEY -II UG students along with the staff Mrs. N. Anitha went for UBA to Korampallam on 10th August 2019. 47 students are involved in this programme and took a survey for about 75 families. The survey was taken on water facilities, cleanliness and the need to give awareness about planting more saplings.

AWARENESS ON WATER CONSERVATION & AVOIDING PLASTICS 28.09.2019

Students and staff incharge of Microbiology department went to UBA visit on 28.09.2019 to



Periyanaykapuram village of Korampallam Panchayat. Students and the people of the village went for procession raising awareness slogans. They also were carrying placards depicting words of awareness on water conservation and saying no plastic. Students gave programme to void plastic.songs, skid related to hazards of plastic was performed by students.

DISTRIBUTION OF PLANT SAPLINGS AND CLOTH BAGS - 05.09.2019

Students and staff incharge of Microbiology department went to UBA visit on 5September 2019 to Periyanaykapuram village. Plant saplings and cloth bags were distributed to people and the temple premises was cleaned by the students.



UBA activities in Korampallam (Anthonyarpuram)

BASIC SURVEY - 10.08.2019

II B.Sc Chemistry Students with two staff members Dr.T.Linda Fernando, Dr.G.Amala Jothi Grace visited the adopted area Antonyarpuram. The students were divided into groups and the village survey was taken. Students interacted with the school students. It was decided to give training for the people on Palm products.

MEETING WITH VILLAGE OFFICIALS - 12.08.2019



The co-ordinator for UBA Dr.Sr.KulandaiTherese, Dr.T.Linda Fernando, UBA Incharge of Chemistry and Ms. Rajathi, Star foundation, Thoothukudi had a meeting with Rev.Fr.Albin Leon, the parish priest of Antonyarpuram to discuss the various plans and actions to be taken during

UBA visit of our department. It was decided to conduct awareness programme on plastic and hygiene and some useful programme for children.

GRAMA SABHA -19.08.2019

Grama Panchayat Meet was held on 19th august 2019 at Antonyarpuram headed by Rev.Fr.Albin Leon, the parish priest of Antonyarpuram. The co-ordinator for UBA DR. Sr.Kulandai Therese, Dr.T.Linda Fernando, UBAINcharge of Chemistry attended the meeting to discuss the needs of people of Antonyarpuram. They insisted on a separate bus stop as



well for the drainage system for rain water. Dr.S.Kulandai Therese, UBA coordinator gave the petition to the district collector later to resolve these issues. It was decided that a workshop on Palm Products may be conducted for group of underprivileged people.



AWARENESS ON ERADICATING THE PLASTICS - 25.09.2019

UBA programme was organised to create awareness about the plastics. The students of II B.Sc Chemist, staff members Dr.T.Linda Fernando, Dr.G.Amala Jothi Grace gathered in Antonyarpuram. A rally was organised with help of father Albin Antony. The people of Antonyarpuram including children participated enthusiastically along with our students. Videos about the ill effects of plastics were screened to them. Free cloth bags sponsored by Velavan Hypermarket were distributed to them. A speech on Plastic Ban was delivered by Dr.G.Amala Jothi Grace. Students collected plastic materials thrown on street. The meeting came to an end with an awareness song.

PREPARATION OF VERMICOMPOST -05.10.2019



UBA was conducted on 5th October 2019 at Antonyarpuram Village. The students of II B.Sc Chemistry had explained the preparation of Vermicompost using vegetables and fruits waste, dried plant leaves, cow dung. The people of Antonyarpuram village participated eagerly to know about the

vermicompost preparation. Also, the students distributed the handprints on the decomposition period of various articles and kitchen wastes used for vermicompost.

WORKSHOP ON PALM LEAF CRAFT -19.10.2019 – 24.10.2019

A workshop on Palm Leaf Craft was organized for the women of the adopted village Anthonyarpuram, Korampallam panchayat, Thoothukudi as a part of Unnat Bharat Abhiyan programme from 19th October 2019 to 24th October 2019. Rev.Father Albin Leon, Parish



Priest, Anthonyarpuram was the Chief Guest and addressed the gathering of workshop during the inauguration. The meeting started with the prayer song and Ms.P. Shalu of II B.Sc Chemistry has delivered a talk on the topic “Palm Trees and its uses”. After the inauguration, Palm craft



training was organized for 25 women of Anthonyarpuram village. Mrs.X.Rajathi, Managing Director, Morning Star Social and Educational Trust and Mrs. Femina, Palm Craft Trainer trained the women for making various value added products using palm leaves. The valedictory session of Palm craft workshop was held on 24-10-2019. It was presided by our Dr.Sr.Lucia Rose, Principal, St.Mary’s College (Autonomous), Thoothukudi. Thiru Radha Krishnan and Thiru Prabhakaran Executive members of Rotary club, Thoothukudi were the guest of honour. The Principal gave a talk on Plastic Awareness and the importance of palm



products. Thiru Radha Krishnan delivered a talk on the involvement of students in Social activities. The trainees displayed the various palm products and it was appreciated by Rev.Father Albin Leon, Parish Priest, Anthonyarpuram and the people of that village followed by the feedback from the

trainees. Then the certificates were issued to the trainees. The meeting came to an end with the vote of thanks by Mrs.X.Rajathi, Managing Director, Morning Star Social and Educational Trust



UBA in Maravanmadam



AWARENESS PROGRAMME ON EMPOWERING WOMEN THROUGH SELF-HELP GROUPS - 10.08.2019

UBA inauguration was held at the adopted village – Maravanmadam. An awareness Programme on Empowering Women Through Self-Help Groups was conducted. Ms. Janet Bosco, Regional Manager, ACRE Group, Thoothukudi and Treasure of World People Right Council addressed the

gathering. Cultural performances were performed by the students and action plans were discussed with the village people.

AREA CLEANING - 15.08.2019

Area cleaning was carried out at Maravanmadam. Our students carried out cleanliness work in the adopted area.

PASTIC FREE VILLAGE (Swatchhata Hi Sewa) -28.09.2019





An awareness programme was conducted on plastic free village on 28-09-2019. The programme was blessed by the gracious presence of the village secretary and NGO coordinator Ms. Rajathi and the chief guest Dr.A.M. Sonal (Assistant Professor of Tamil, St Mary's College, Thoothukudi). The programme began with prayer song followed by welcome address. The Maravanmadam village people attended the programme. The

gathering was addressed by the chief guest Dr. A.M. Sonal on the ill effects of plastics and the need for the hour to protect our environment. The chief guest also spoke about the measures taken by the ancestors to preserve the ecosystem, the eco-friendly lifestyle they followed and provided ideas and strategies for the conservation of the environment. The II UG students of psychology department had depicted the harmful effect of plastics through their skit and one of the II UG student gave a talk on the importance of conservation of the environment. The programme



ended with vote of thanks after distributing palm lunch boxes to the village people. The lunch



boxes made with areca nut leaf were given by Ms. Rajathi from Morning star social and educational trust. After the programme, the students went on a rally throughout the village for creating awareness for avoiding plastic usage, as they went, they collected the plastic bags from the people and gave cloth bags to the people.

SEEDS DISTRIBUTION -05.10.2019

Our students distributed free seeds to the village people to promote kitchen gardening and roof gardening.

Nilavambukasaiyam distribution and Laughter therapy, clapping therapy, body-movement therapy -19.10.2019

A dengue awareness programme was conducted by II UG students of department of Psychology and Economics. The students went to each house at the village and gave 'Green



Creast' (*Nilavambukasaiyam*), a herbal drink which is prescribed for the prevention of Dengue fever. The students also educated the people about dengue fever and its preventive measures. The students of psychology department also have conducted laughter therapy, clapping therapy, body-movement therapy to the children of the village community.

UBA in Palayakayal

UBA staff with village councillor and Self Help Groups -



02.08.2019

The department of Commerce (SSC) had joined hands with Department of Commerce Regular stream in the adoption of the village Palayakayal under Unnat Bharat Abhiyan enhanced purely for the upliftment of the Palayakayal village people. UBA co-ordinator and UBA staff incharges of Tharuvaikulam Dr. Janet, Dr. Amora, Dr. Anbarasi, Dr. Paripoorna Selvi visited Tharuvaikulam. We met former village councillor, parish priest, self help group women, salt-pane workers and farmers. We discussed about Unnat Bharat Abhiyan. We planned for Gram Saba Meeting to be held on 14th August 2019.

Visiting village people -10.08.2019

On August 10th the second year students of Commerce (Regular & SSC) and Mathematics (SSC), visited their adopted village Palayakayal. Various suggestions and their expected needs were provoked by the villagers to the students in the development of their lifestyle.

GRAM SABHA - 14.08.2019

Gram Sabha Meeting was held on 14th August 2018. Former village councillor, women and men participated well. They suggested to eradicate drinking water issue. They insisted for bus stop and 24 hours health care centre. Dr. S. Kulandai Therese, UBA co-ordinator gave the petition to the district collector on 3rd October 2019 when the collector visited Palayakayal.



JAL SHAKTHI GRAM & SWACHHATA HI SEWA CAMPAIGN -03.10.2019

On 3rd October the 2nd year students of Commerce (Regular & SSC) and Mathematics (SSC), paid their second UBA visit to Pazhayakayal. The guest of honour was the District collector



Mr. Sandeep Nandoori who presided over the meeting. St. Mary's College (Autonomous), Thoothukudi inaugurated Unnat Bharat Abhiyan on the theme "Jal Shakthi Gram & Swachhata Hi Sewa Campaign" on 3rd October at 11 a.m. in St. Antony's High School, Palayakayal. Mrs. Amora, Assistant Professor of

Commerce welcomed the gathering and Dr. S. Kulandai Therese, UBA Coordinator, St. Mary's College (Autonomous) addressed the gathering about the schemes of UBA. Fr. Sahayaraj Rayan, Parish Priest of Palayakayal, addressed the students and public about rain water harvesting and plastic awareness and Mr. Sandeep Nanduri I.A.S., District Collector, Thoothukudi, inaugurated the following schemes - Rain Water Harvesting, Spoken English Training Programme, Roof Gardening and Plastic Awareness Programme. He

distributed the Eco-friendly cloth bags to the village people. He also initiated roof gardening by sowing seeds. Mr. V. Selvakumar Ex. Councillor addressed the public problems and the general public gave petitions to the collector. Mr. Grirdharan demonstrated the process of rain water harvesting to the school students and to the public. Dr. M. Paripooranaselvi, Assistant Professor of Zoology proposed the vote of thanks and the function came to an end with a national anthem.

UBA in Tharuvaikulam

ONE DAY SELF AND ENVIRONMENTAL DEVELOPMENT WORKSHOP CAMP

10.08.2019

The Unnat Bharat Abhiyan (UBA) of 4 departments – History, English (Regular & SSC) and Computer Science of Mary's College (Autonomous), Thoothukudi adopted a village named Tharuvaikulam. The team inaugurated UBA meet on



10th August 2019 at St. Catherine Girls Primary School, Tharuvaikulam. A One Day Self and Environmental Development Workshop Camp was organized and Honourable Member of the



Parliament, Kanimozhi Karunanidhi inaugurated the function.

The Second UG students and the local people of Tharuvaikulam participated in the workshop. Dr. Sr. Kulandai Therese, UBA Co-ordinator, welcomed the gathering and Rev. Fr. J. Edward, Parish Priest, Tharuvaikulam felicitated the gathering. Rev. Dr. Sr. A. S. J Lucia Rose, Principal, delivered the key note address. Mr. Maharaja, Former Panchayat Head

delivered a special address. All the four departments with the assistance of various NGO's trained the people and the students on making Organic Napkins, Jute Handicrafts and Roof Gardening. Spoken English classes and Tailoring classes were also conducted in Tharuvaikulam.

TREE PLANTATION - 09.08.2019 - 10.08.2019

The English department along with English (regular), Computer Science, history adopted the village Tharavaikullam. On August 9, 2019 around 2pm we started from our college and reached there at 3pm. The English department (SSC) was assigned the project Tree Plantation. 20 houses were identified with the interest to plant trees. On August 10, 2019 20 trees were planted. We Can Trust organization helped in making the safe guard around the trees. Dr. Kanimozhi inaugurated tree plantation,

Roof gardening - 10.08.2019

The Computer Science department along with English (Regular), English (SSC) History adopted the village Tharavaikullam. The computer science department was assigned the project Roof Gardening. Bamboo baskets for plantation were partially filled with manure made up of coconut fibres, cowdung and few amount of red soil. Later the seeds were sowed in the baskets.



Pond Cleaning - 15.08.2019

Unnat Bharat Abhiyan of St. Mary's college planned to clean the pond at the outskirts of Tharuvaikulam. UBA members of SSC English students cleaned the area wearing masks.

Village people, We can trust volunteers joined with us. Before the rain we changed the gutter into water saving stream. Village people appreciated our efforts. Dr.Reeda was with us.

Gram Sabha - 15.08.2019

On the Independence Day, we joined with Gram Sabha. The people asked to take efforts of robbery.Dr.S.Kulandai Therese, UBA coordinator gave the petition to the district collector later. They want to have training in tailoring, jute handicrafts and spoken English.

Roof Gardening - 14.09.2019

On 14th September 2019, the students of Second Computer Science created roof garden in four of the houses which were ready to make the roof garden. The students were divided into four groups. The first group visited Mrs.Amala's house. The second group visited Mrs.Maria Jayanthi's house. The third group visited Mrs.HelanNyanaprgash's house and the last group visited Mrs.SiriyaPushpam's house. Through this programme the students also learned to grow the needed vegetables and fruits organically without using any chemical pesticides.

House- wise Anti-Plastic awareness campaign - 02.10.2019



On 2nd October 2019, Students of Department of History organized a house wise Anti-Plastic awareness campaign and urged local people not to use plastic.



SPOKEN ENGLISH COURSE - 04.10.2019

The students of II UG, Research Department of English, St.Mary's College(Autonomous),



Thoothukudi initiated a Spoken English course for IV and V Std students of Catherine Primary School at Tharuvaikalam as a part of their Unnat Bharat Abhiyan. Simultaneously,

a set of students went on a rally focusing on Anti-plastic awareness among the public.



The programme ended up with a small skit performance highlighting on the Health and Hygiene of the children.

TRAINING ON PAPER BAG MAKING - 04.10.2019



In commemoration with the 150th birth anniversary of Mahatma Gandhi, Department of History along with Government Higher Secondary School Tharuvaiikulam organized an Anti-plastic awareness campaign to the school

students on 4 October 2019. Dr. P Subavathy, Assistant Professor of Zoology, St. Mary's College, Thoothukudi was the chief guest. Dr. Ruban, Principal of the school gave a



special address. In the programme, students of History department gave a small training programme to the school students on paper bag making. Cultural programs on anti plastic awareness was also organized.

DIGITAL LITERACY AND ROOF GARDENING - 19.10.2019

The second B.Sc. Computer Science students visited the village Tharuvaiikulam on 19.10.2019. The agenda of the visit was to implement roof gardening in the chosen houses, follow up procedure of already installed roof gardens and impart digital literacy to the school students. Roof gardening was implemented in five houses and follow up procedure was done for 5 houses, where roof gardening was implemented already. The villagers enthusiastically followed the roof gardening procedures and assured they will continue roof gardening in their terraces. Under Digital Literacy the training was imparted to the school students with the laptops. The school students were eager to use and learn with the help of laptops. It was a fun filled activity for all the students.



ROOF GARDENING - 07.12.2019

The II year UG Students and staff of the Computer Science Department conduct weekly visits to Tharuvaikulam and Supervise the Roof gardening undertaken. Due to this venture the people in the area develop roof gardening skills which help them in improving their livelihood. They also receive awareness about the importance of naturally managing consumption and waste. The people have confirmed that there has been a hike in the production of turnips, Beetroot, Ladysfinger, Beans due to the use of waste-turned natural manure under safe environment.

EMPOWERING WOMEN THROUGH TAILORING TRAINING PROGRAMME

07.12.2009 The Department of History organized a Tailoring Training Programme for women of Tharuvaikulam on 7th December 2019. X. Rajathy of Morning Star Social and Educational Trust offered training to women on tailoring and jute bag making. Keerthana Santhosh, Assistant Professor of History Department presided over the function. Father Edward of Tharuvaikulam, S.S. Anuja, Assistant Professor, second year under graduate students of History department and women from Tharuvaikulam participated in the programme. The training helped women to enhance their skills and to find an income for their survival.



UBA in Servaikaranmadam

INTERACTION WITH VILLAGERS - 10.08.2019

village Servaikaranmadam on a small village situated near District. 42 students along with reached the village around 10 The village people welcomed us first visit, the students were the villagers. The students collected details about their livelihood and their rural developmental needs.



The department of Botany organized the first UBA visit of the academic year 2019-2020 to the adopted 10th August 2019. This is Puthukottai, Thoothukudi two staff members O' clock in the morning. warmly. Since it was our allowed to interact with

73RDINDEPENDENCE DAY CELEBRATION – QUIZ COMPETITION -15.08.2019

As a part of UBA programme, the Department of Botany, St. Mary's College (Autonomous), Thoothukudi, celebrated the 73rd Independence day along the village people of



Servaikaranmadam on 15th August 2019. 35, II year UG students along with the two incharge staff reached the village to make arrangements for the celebrations in the morning itself. The Village President Mr. Gnana Sekaran presided over the celebration and gave the chief guest address. The village people cordially accepted

our invitation and actively participated in the celebration.

The celebration was started with a prayer song followed by

a speech on “The speciality of Independence” followed by a poem and a solo dance. The main programme the conduction of quiz on Nationality was also organised. The school children of the village actively participated and were given a small prize as a token of appreciation. The function came to an end with the National Anthem.



CREATING AWARENESS ABOUT USAGE OF CLOTH BAGS AND HELPING VILLAGE PEOPLE TO GET PROPER DRINKING WATER - 03.10.2019

The Department of Botany, organized a visit to Servaikaranmadam on 3rd October 2019. Awareness about usage of cloth bags instead of plastic bags was created. As a part of this, the students collected plastic bags from the people and presented them with cloth bags. They also demonstrated them, how to prepare paper bags using newspaper. One of the major issues of the adopted village was that they were not provided with proper drinking water. To overcome this, the initiative of writing a petition to the Collector along with the signature of the villagers was undertaken. This petition will be given to the Collector and will be requested to provide with necessary action



SOAP MAKING WORKSHOP – HANDS ON TRAINING - 19.10.2019



The department of Botany organized a soap making workshop for the adopted village Servaikarnmadam on 19th October 2019. During the visit, the students explained the preparation of soap powder and its usage. Hands on training was also given to the people of the village. The people enjoyed the programme and took part actively in the workshop.

TRAINING PROGRAMME ON TAILORING FOR WOMEN - 12.12.2019

The Department of Botany organised a Training Programme on Tailoring for women in the adopted Village Servaikaranmadam on 12th December. Rev. Sr. Dr.S.Kulandai Therese presided over the function. Dr. M. Glory, Head of Botany supported the arrangements of this programme. The training was given by Mrs. Rajathi, MD, Morning Star Social and Educational Trust, Thoothukudi. Mr. GnanaSekaran, President of the village accompanied the people during the programme.





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Unnat Bharat Abhiyan Activities

December 2019 – March 2020

Submitted by

Dr.S.Kulandai Therese
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St.Mary's College (Autonomous)
Thoothukudi – 628 001
Tamilnadu, India

Registered as Participating Institute in UBA : 19th September 2018

No. of students involved: 527 from Regular stream, 401 from Self Supporting Stream

No. of Staff Involved: 22

| Department | | Number of Staff |
|-------------------------|----------------|------------------------|
| English | Regular | 2 |
| English | SSC | 1 |
| History | Regular | 1 |
| Botany | Regular | 2 |
| Zoology | Regular | 2 |
| Microbiology | SSC | 1 |
| Psychology | SSC | 1 |
| Physics | Regular | 1 |
| Chemistry | Regular | 2 |
| Mathematics | Regular | 2 |
| Mathematics | SSC | 1 |
| Computer Science | Regular | 1 |
| Commerce | Regular | 1 |
| Commerce | SSC | 2 |
| Economics | Regular | 1 |
| BBA | SSC | 1 |

| Village Adopted | Area within the village | Department |
|-------------------------|-------------------------|---|
| Korampallam | Kalangarai | Mathematics (Regular) |
| | Periyanayagipuram | Microbiology |
| | Anthonyarpuram | Physics |
| | | Chemistry |
| Maravanmadam | | Economics, Psychology |
| Palayakayal | Ambroise Nagar | Mathematics (SSC) |
| | Paripoorna Nagar | Zoology |
| | Ganesh Nagar | Commerce (Regular), Commerce & Corporate (SSC) |
| | Mother Tresa Nagar | Commerce (SSC) |
| Servaikaranmadam | | Botany, BBA |
| Tharuvaikulam | East | Computer Science |
| | West | History |
| | North | English (SSC) |
| | South | English (Regular) |

| | CONTENT | | |
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| Village Adopted | S.No. | UBA Activities | Date |
| Korampallam (Anthonyarpuram) | 1. | Christmas Day Celebration | 07.12.2019 |
| | 2. | Science Day Celebration | 29.02. 2020 |
| | 3. | Yoga Training to Children | 29.02. 2020 |
| Korampallam (Kalangarai) | 4. | Free Medical Camp | 07.12.2019 |
| | 5. | National voters day Celebration | 25.01.2020 |
| | 6. | Republic Day Celebration | 26.01.2020 |
| | 7. | A two-week entrepreneurship training on palm leaf for rural women | 10.02.2020 to 21.02.2020 |
| | 8. | Orientation to Students on Money Management and Health & Hygiene | 06.03.2020 |
| Korampallam (Periyanayakapuram) | 9. | Women's Day Celebration | 07.03.2020 |
| | 10. | Republic day celebrations - Plastic Awareness & Health and Hygiene Awareness | 25.01.2020 |
| | 11. | Grama Sabha | 26.01.2020 |
| Maravanmadam | 12. | Awareness on hand wash, safe drinking water and mosquitoes control measures | 29.02.2020 |
| | 13. | Free Dental Camp | 07.12.2019 |
| | 14. | Pongal Celebration with an orphan and a widow | 11.01.2020 |
| | 15. | Grama Sabha | 26.01.2020 |
| | 16. | Training for rural women of Maravanmadam Panchayat on Making of Organic Sanitary Napkin | 25.02.2020 to 29.02.2020 |
| Palayakayal | 17. | Awareness about non-communicable diseases and human rally | 06.03.2020 |
| | 18. | Roof Gardening work and NilavembuKasayam Distribution at Paripoorna Nagar | 09.12.2019 |
| | 19. | Area Cleaning and NilavembuKasayam Distribution at Ambroise Nagar | |
| | 20. | Awareness on cleanliness and NilavembuKasayam Distribution at Ganesh Nagar | |
| | 21. | National Voters Day Celebrations at Ganesh Nagar | 25.01.2020 |
| | 22. | National Voters Day Celebrations at Paripoorna Nagar | |
| | 23. | Free medical camp | 29.02.2020 |

| | | | |
|-----------------|-----|---|------------|
| Tharuvaikulam | 24. | Training Programme on Tailoring for women | 07.12.2019 |
| | 25. | Christmas Day Celebrations | 09.12.2019 |
| | 26. | Motivational Meet to Students on Tree Plantation | 18.12.2019 |
| | 27. | Training Programme on Tailoring for women | 23.01.2020 |
| | 28. | Plastic Awareness Rally at Tharuvaikulam(East) | 25.01.2020 |
| | 29. | Plastic Awareness Rally at Tharuvaikulam(North) | |
| | 30. | Gram Sabha Meet | 26.01.2020 |
| | 31. | First orientation programme on Dengue Awareness to UBA students with Government Sanitary Officers | 04.02.2020 |
| | 32. | Second orientation programme on Dengue Awareness to UBA students with Medical experts | 06.02.2020 |
| | 33. | Orientation programme on "Preventive measures: Dengue and Corona Virus" | 15.02.2020 |
| | 34. | Dengue Awareness Campaign at Tharuvaikulam(North and South) | |
| | 35. | Free Medical camp at Tharuvaikulam(North and South) | |
| | 36. | Dengue Awareness to the students by our UBA staff to our UBA students | 28.02.2020 |
| | 37. | Dengue Awareness Campaign at Tharuvaikulam(West) | 03.03.2020 |
| Seraikaranmadam | 38. | Training Programme on Tailoring for women | 12.12.2019 |
| | 39. | Free Blanket Distributing Programme | 25.01.2020 |
| | 40. | Training to make face powder | |
| | 41. | Training Programme on Tailoring for women | 29.02.2020 |

Korampallam (Anthonyarpuram)

07.12.2019

Christmas Day Celebration

The students of Chemistry Department celebrated Christmas in R.C Middle school, Anthonyarpuram on 07th Dec 2019. In the eve of Christmas, various games were conducted by our students and the winners were awarded by prizes. The celebration was presided by the Brother. Esthak and the school teachers. The children of various grade levels took part in the games with the Santa Claus enthusiastically. The joy of sharing and giving was inculcated.

29.02. 2020

Science Day Celebration

Science Day Celebration was conducted for the school students of R.C Middle school, Anthonyarpuram on 29th Feb 2020. Our college students emphasized the importance of Science and the reason for celebrating the International Science Day. The biographies of the Scientists were visualized to the school students. Thus, our students made the children of the village to understand the hardship and obstacles faced by the scientist to become the world renowned Personalities. This programme inspired the village students to become future scientist.

29.02.2020

Yoga Training to Children

The department of Physics and Chemistry organised a yoga training programme for the school students at Anthonyarpuram as a part of Unnat Bharat Abiyan on 29.02.2020. The college students taught several Yoga Asanas and its benefits to the children of the village. The children were very co - operative and they learnt the Asanas with keen interest.

Korampallam (Kalankarai)

07.12.2019

Free Medical Camp

The Department of Mathematics, in collaboration with Rajesh Thilak Multi Specialty Hospital and Vizhaivu Pookal Arakattalai, Thoothukudi jointly organised a Free Medical Camp

on 7th December 2019 in VadakkuKalangarai, Korampallam Panchayat. Dr. Sr. Kulandai Therese, UBA Coordinator inaugurated the medical camp. Dr.Rajesh Thilak consulted the health of the people and gave medicine. He reported us that the children in Kalangarai were affected with malnutrition.

25.01.2020

National Voters Day Celebration

On 25th January 2020 the department of Mathematics organized an awareness rally about the importance of voting for better democracy on National Voters' Day in VadakkuKalangarai, Korampallam Village.

25.01.2020

Social Service Activity

Our students of II B.Sc. Mathematics participated in the Award Winning Programme organised by We Can Trust on 25/01/2020 in Thoothukudi which would be an inspiration for the students to involve in Social Service Activities.

26.01.2020

Republic Day Celebration

The department celebrated Republic Day with the people of Korampallam and participated in the Grama Sabha held on 26/01/2020. Five students and one staff Dr. S. Kulandai Therese from our department participated in the Grama Sabha. Activities carried out at GramaSabha:

1. Installation of solar street lights

2. Construction of toilets at houses

3. Giving palm leaf training for women.

10.02.2020 to 21.02.2020

Two-week Entrepreneurship training on palm leaf for rural women

The Department of Mathematics and Unnat Bharat Abhiyan jointly organized two weeks free training programme on the topic "**Entrepreneurship Training on Palm leaf for Rural Women**" in Korampallam, Thoothukudi district from 10th February 2020 to 21st February 2020. Ms.X.Rajathi,MD of Morning Star social and Educational trust was the trainer of the Programme. The women in the village were well trained in making different types of palm leaf products such as presentation boxes, plain boxes, baskets, hats, trays, pencil box and more. This helps them to increase their economic status.

06.03.2020

Orientation to Students on Money Management and Health & Hygiene

Our students M.Vinishno Angelin, Muthumari and Prethi of II B.Sc. Mathematics participated in the Orientation Programme on "Money Management and Health & Hygiene" organised by Spark Members on 06.03.2020 in Thoothukudi which would be more helpful for the students to orient village people.

07.03.2020

Women's Day Celebration

The department celebrated World Women's day in Korampallam on 07th March 2020. Dr. Pavithra Jeyaseelan, wife of District Commissioner, Thoothukudi and Ms.Selva Prabha, President of Korampallam Panchayat were the Chief Guest. Our Students of II Mathematics actively participated and celebrated the day with the women of Korampallam by joyful cultural. Also the chief guest distributed the certificates for the participants of two weeks free entrepreneurship training programme which has been conducted from 10th February 2020 to 21st February 2020.

Korampallam (Periyanayakapuram)

25.01.2020

Republic day celebration - Plastic Awareness & Health and Hygiene Awareness

Students and staff in charge went to UBA adopted area Periyanakapuram village on 25.1.2020. On the account of Republic day celebrations drawing competitions were conducted for primary school children. Topics were “National Symbols in India” for standard I and II students and “Plastic Awareness” for grade Standard III, IV and V. Prizes were distributed based on performance. Yoga and meditation were taught to the school children by our students. Students displayed awareness charts regarding Health and Hygiene and delivered speech on Hygiene was also given to the school children.

26.01.2020

Grama Sabha

On 26.01.2020 UBA in charge Mrs. N .Anitha, Students along with UBA coordinator Dr. Sr. S. Kulandai Therese went to Korampallam Panchayat office to attend Gramma sabha meeting. Various problems of the people were discussed with the panchayat head. A proposal was submitted on the behalf of our college for asking permission for installation of solar lights at adopted village and construction of toilets at houses.

29.02.2020

Awareness on hand wash, safe drinking water and mosquitoes control measures

Students and staff in charge of Department of Microbiology went to Periyanaykapuram village on 29.02.2020. Awareness on Hand wash, safe drinking water and Mosquitoes control measures were given by our students. A survey was conducted on rain water harvesting and construction of toilets by the students.

Maravanmadam

07.12.2019

Free Dental Camp

Our students organised one day Free Dental Camp in the adopted area in collaboration with Vijayathinakaran Dental clinic, Thoothukudi. Dr. Paravathavarthini gave a speech on “Taking care of our teeth”. Then Dr. Paravathavarthini, Dr. Keerthiga and Dr. Radhika gave dental tips and carried out free checkups to the people in adopted area.

11.01.2020

Pongal Celebration with an orphan and a widow

Pongal Celebration was organised in our college. An orphan and a widow were invited from the adopted village were invited. They were honoured and helped by the management under UBA.

26.01.2020

Gram Sabha Meeting

Our students and UBA staff incharge attended the Gram Sabha Meeting in the adopted area and celebrated Republic Day. Our students also created awareness on “National Voter’s Day” and insisted on the need and importance of voting. In the meeting our students insisted on arranging solar lights in the adopted village. Then they also discussed about the training Programme on manufacturing Organic Sanitary Napkin to be conducted for the village people which would help in generating employment opportunities, earn a livelihood and improve their standard of living.

25.02.2020 – 29.02.2020

Training for rural women of Maravanmadam Panchayat on Making of Organic Sanitary Napkin

The UBA Cell, Department of Economics, St. Mary's College, Thoothukudi organised training for rural women of Maravanmadam Panchayat on Making of Organic Sanitary Napkin from 25.02.2020 to 29.02.2020. The Inaugural function took place on 25.02.2020 (Tuesday) at Antoniyarpuram Church Hall, Maravanmadam Panchayat, Thoothukudi. The Chief Guest Mrs. Jesus Rosalind, Assistant Professor, Food & Nutrition Department, Sarah Tucker College, Perumalpuram, Tirunelveli delivered a lecture on "Need and Benefits of Usage of Organic Sanitary Napkin among women". The training was given by Mrs. X. Rajathy, Morning Star Trust, Thoothukudi. Twenty women from Maravanmadam Panchayat enthusiastically participated in the training program. Rev.Father Albin Leon, Parish Priest, Antoniyarpuram and Brother Esthak Prem extended fullest support to the training. The Valedictory Function was held on 29.02.2020. Thiru. P.S.S.G Diwakar, Member, Lions Club and Partner (P.S.S Ganesan and Sons), Thoothukudi and Thiru. Senthil Arumugam, We Can Trust were the chief guest. Dr. Sr. Kulandai Therese, Coordinator, UBA Cell delivered the welcome address. Certificates were issued to the trainees by the chief guests. The trainees of the rural village expressed that the training was beneficial for them and would definitely help in generating self-employment opportunities and uplift their standard of living in future. Dr. Muthu Maha Laxmi, Organising Secretary UBA cell, Department of Economics, delivered the vote of thanks.

06.03.2020

Awareness about non-communicable diseases and human rally

The students of II UG psychology, as a part of Unnat Bharat Abhiyan, joined in a human chain, rally and awareness talk, conducted for creating awareness about non-communicable diseases which was organized by Sundaram Arulraj Hospital in collaboration with Rotary club of Tuticorin. The human chain and rally started from Sundaram hospital and went till new bus stand. After the Rally the participants came back to the hospital auditorium and attended the talk given by doctors.

Palayakayal

07.12.2019

Awareness on cleanliness and NilavembuKasayam Distribution at Ganesh Nagar

On 7th December 2019, Mrs.A.Amora and Dr.P.Jeyamary along with II.B.Com students visited the adopted village Pazhayakayal and distributed 'NilavembuKasayam' and interacted with the people about cleanliness.

09.12.2019

Roof Gardening work and NilavembuKasayam Distribution at Paripoorna Nagar

Students of II B.Sc. Zoology along with the staff-in-charge visited the adopted village Pazhayakayal on 09.12.2019. They visited the house where we arranged roof gardening by the District Collector. The plants had grown well. Next, our students cleaned the area near by the church. The students prepared Nilavembu Kashayam in one of the house in the adopted village. Since it was the season for the transmission diseases, we distributed the Nilavembu Kashayam to the school students and teachers.

09.12.2019

Area Cleaning and NilavembuKasayam Distribution at Ambroise Nagar

The staff and students of II B.Sc Mathematics(SSC) distributed nilavembukashayam to the public and also cleaned the nearby area.

25.01.2020

National Voters Day Celebration at Ganesh Nagar

On 25th January 2020 Dr.Fernando Alexandria and Mrs.A.Amora along with II.B.Com students visited **Ganesh Nagar** of the adopted village Pazhayakayal. Awareness on Voters Day and the importance of Republic day was conducted

25.01.2020

National Voters Day Celebration at Paripoorna Nagar

Students of II B.Sc. Zoology along with the staff-in-charge visited the adopted village Pazhayakayal on the Voter's Day 25.01.2020. National Voters Day was observed on 25th January to highlight the importance of voting and every vote. India is a democratic country. Every citizen has basic rights to vote. A rally was taken out by students in and around the village to spread awareness on exercising one's right to vote. As part of this our student volunteers are made a rally in the village and interacted with the people and also informed all the young people for enroll themselves as voters. Ms. Brownika Devi and Ms. VincyRebeka of II B.Sc. students gave speech about the importance of voting.

29.02.2020

Free medical camp in Palayakayal

Students of II B.Sc. Zoology along with the staff-in-charge visited the adopted village Pazhayakayal on 29.02.2020. They visited every house and asked the parents about the education of their children. They collected data about the schools in which they are learning and invited them to attend the medical camp. A free medical camp was conducted by St. Mary's College, Unnat Bharat Abhiyan- the department of Zoology, Commerce (Reg), Commerce (SSC) and Mathematics (SSC) in association with SudaramArulraj Hospital. The camp was conducted from 1 pm to 3 pm. Treatment was given by Dr.Arthi Kannan, Diabetologist, Sundaram Arulraj Hospital, Thoothukudi. The people of Amburosenagar, Paripoorananagar, Thomas nagar, Mother Teresa nagar and Ganesh nagar were benefited. Blood sugar and blood pressure were tested for the people who attended the camp. Head of Pazhayakayal Ooratchi Mr.V.Selvakumar and Secretary Mrs.Santha supervised the camp. Most of the people attended the camp.

Tharuvaikulam

07.12.2019

Training Programme on Tailoring for women

Unnat Bharat Abhiyan Department of History of St. Mary's College, Thoothukudi organized an Awareness Programme on Tailoring Training for women of Tharuvaikulam on 7th December 2019. X. Rajathy of Morning Star Social and Educational Trust offered training to women on tailoring. Second year under graduate students of History department and women from Tharuvaikulam actively participated in the programme.

07.12.2019

Valedictory Ceremony of Roof Gardening

The inaugural ceremony of the Roof gardening at Tharavaikulam under Unnath Bharath Abiyan, the Department of Computer Science organized on the 10th August 2019. Thirumathi. Kanimozhi, Member of Parliament, Presided over the function, Dr. Sr. Lucia Rose, Principal, St. Mary's College, Thoothukudi and Dr. Sr. Kulandai Therese, Co-ordinator, Unnath Bharath Abiyan, St. Mary's College, Thoothukudi organized the meeting. The II year UG Students and staff of the Computer Science Department conduct weekly visits to Tharuvaikulam and Supervise the Roof gardening undertaken. Due to this venture the people in the area develop roof gardening skills which help them in improving their livelihood. They also receive awareness about the importance of naturally managing consumption and waste. The people have confirmed that there has been a hike in the production of turnips, Beetroot, Ladysfinger, Beans from the waste-turned natural manure under safe environment. The valedictory function was held on the 7th Dec 2019. It was well organised by Ms. S. Gnanathangam, Department of Computer Science. This endeavour was not only a service to the Tharuvaikulam people but also acted as an eye-opener to the Computer Science Students about farming

09.12.2019

Christmas Day Celebration

Unnat Bharat Abhiyan, the students of II UG, PG and Research Department of English, St. Mary's College (Autonomous), (AISHE code: C-41151) Thoothukudi celebrated Christmas at St. Catherine Primary School at Tharuvaikalam as a part of their Unnat Bharat Abhiyan. Mr. R. Phinehash, Vice President, BNI Chamber, Tirunelveli delivered a motivational talk on "Self-Discovery".

18.12 2019

Motivational Meet to Students on Tree Plantation

The students of II B. A. English Literature (SSC) of St. Mary's College gathered at Kamaraj College on 18.12 2019 at 4:00 p.m. along with Mrs. Reeda Albin Mary Assistant Professor of English Literature (SSC), Dr. Mary Priya Assistant Professor of English Literature and Mrs. Dhaya Assistant Professor of History who were representing the NSS and NCC clubs and forums. The meeting was held for the distribution of saplings to the students. Saplings like Neem, Pongamia and Mountain Neem were supplied to the students. A decision of planting trees in the adopted village was made and the plan will be executed from January 10 onwards. The meeting got over by 6:30 p.m.

23.01.2020

Training Programme on Tailoring for women

On 23rd January 2020, the second year under graduate students of History department gave Tailoring Training to the women of Tharuvaikulam.

25.01.2020

Plastic Awareness Rally at Tharuvaikulam(East)

On Jan 25, 2020, at 10.00 am, the second year **B.Sc. computer Science** students visited the village Tharuvaikulam, which was adopted under the "Unnat Bharat Abhiyan scheme. The students conducted various awareness programme to avoid one time use plastics. A rally was held to avoid the use of plastics and the students' raised their voices against plastic. They insisted the villagers to keep their environment clean and not to litter in the public places. At the important street junction, the students performed choral singing, which requested the villagers to save and preserve nature. At the main bus stand the students attracted the mob by enacting a thought-provoking skit about plastic awareness. Students participated in all the programmes

enthusiastically. Hope Tharuvaikulam villagers will strive to use only eco-friendly products and save our mother earth. The awareness programme motivated the students also to enhance their efforts to save the nature.

25.01.2020

Plastic Awareness Rallyat Tharuvaikulam(North)

The students of **II B. A. English Literature (SSC)** went to their adopted Tharuvaikulam village on 25.01.2020 at 11:00 a.m under the guidance of Ms. B. Lily Pushpam and Ms. A. Jenitta, Assistant professors of the Department of English (SSC) to create anti-plastic awareness among the village people. The students took initiative to create awareness regarding the ill effects of the usage of plastic by organizing a rally. The students wrote attractive slogans on the placards and actively participated in the rally to voice out their message.

26.01.2020

Gram Sabha Meet

Unnat Bharat Abhiyan, the students of II UG and the UBA Coordinator from Research Department of English, St. Mary's College(Autonomous), (AISHE code: C-41151)Thoothukudi attended Grama Sabha meeting at Tharuvaikalam as a part of Unnat Bharat Abhiyan.

04.02.2020

First orientation programme on Dengue Awareness to UBA students with Government Sanitary Officers

Unnat Bharat Abhiyan, the PG &Research Department of English, St. Mary's College(Autonomous), (AISHE code: C-41151)Thoothukudi organized an orientation programme on "Dengue Awareness". Mr. Ari Ganesh, Sanitary officer, North zone – Corporation Head of Thoothukudi district and Mr. Christopher, Secretary, We Can Trust, Thoothukudi were the resource persons.

06.02.2020

Second orientation programme on Dengue Awareness to UBA students with Medical experts

On 6th February 2020 Unnat Bharat Abhiyan, the participating departments attended an orientation on Dengue Awareness. Dr. Shajitha, Ryazan State Medical University, Moscow, Russia addressed the students on the preventive measures to be followed to prevent Dengue fever.

15.02.2020

Orientation programme on “Preventive measures : Dengue and Corona Virus”

A short orientation programme on “Preventive measures : Dengue and Corona Virus” was conducted on behalf of the Health department, Ottapidaram Taluk at Tharuvaikulam.

15.02.2020

Dengue Awareness Campaign at Tharuvaikulam(North and South)

The dengue awareness campaign was conducted in association with We Can Trust, Thoothukudi. The students conducted door to door campaign insisting on the preventive measures for Dengue fever. The students visited 525 houses and created awareness among the people. A free medical camp in association with Sundaram Arulraj Hospital was organised at St. Michael's Play school, Tharuvaikulam. Fifty people were benefited by the medical camp.

15.02.2020

Free Medical camp at Tharuvaikulam(South)

Unnat Bharat Abhiyan, St. Mary's College (Autonomous) AISHE Code: C-41151, The P.G. and Research Department of English organised a Dengue Awareness Campaign and a Free Medical camp at Tharuvaikulam, Thoothukudi on 15.02.2020.

15.02.2020

Dengue Awareness Campaign and Free Medical Camp at Tharuvaikulam(North)

On 15 February 2020 both Regular and **SSC English department** jointly organized Dengue Awareness Campaign and Free Medical Camp in the adopted village as an emergency purpose because around 33 people were affected by Dengue in the village. Morning 10 a.m students start door campaign and taken survey about dengue affected people. In the afternoon around 2 p.m Dr.Arthi Kannan MBBS,MD and a team came and 50 people were utilized the chance and they got medicines and they informed us it was very useful to the village people.

28.02.2020

Dengue Awareness to the students by our UBA staff to our UBA students

Ms. A. Patricia Romila, Assistant Professor of English, St. Mary's College (Autonomous), Thoothukudi gave a Dengue Awareness to the II BA History students on 28th February 2020.

03.03.2020

Dengue Awareness Campaignat Tharuvaikulam(West)

II BA history students organized House vice Dengue Awareness Campaign in Tharuvaikulam on 3rd March 2020. They created awareness among the people of Tharuvaikulam regarding the causes for the spread of Dengue and its prevention methods.

06.03.2020

Human Rally and Contagious Diseases Awareness Campaign

II BA History students participated in the Human Chain in connection with Awareness Programme on Contagious Diseasesorganised by Sundaram Arulraj Hospital, Thoothukudi and Rotary Club of Thoothukudi. Professor Dr. S. Arulraj gave a special address in this topic.

Servaikaranmadam

12.12.2019

Training Programme on Tailoring for women

The Department of Botany organised a Training Programme on Tailoring for women in the adopted Village Servaikaranmadam on **12th December 2019** as a part of Unnat Bharat Abhiyan scheme. The college UBA coordinator Rev. Sr. Dr.Kulandai Therese presided over the function. Dr. M. Glory, Head and Associate professor of Botany supported the arrangements of

this programme. The training was given by Mrs. Rajathi, MD, Morning Star Social and Educational Trust, Thoothukudi. Mr. GnanaSekaran, President of the village accompanied the people during the programme. The village people and the students participated in the programme enthusiastically.

25.01.2020

Free Blanket Distributing Programme

The Department of Botany of St. Mary's College (Autonomous), Thoothukudi organised a Free Blanket Distributing Programme for the Old Age People in the adopted Village Servaikaranmadam on **25th January 2020** as a part of Unnat Bharat Abhiyan scheme. Dr. M. Glory, Head and Associate professor of Botany presided over the function and distributed the blankets to the people. More than 10 people of that village were the beneficiaries. The village people and the II UG Botany students participated in the programme effectively.

25.01.2020

Training to make face powder

On **25th January 2020** II BBA students made an activity on how to make face powder by using natural available resources rather than going on for artificial ones. The village people participated very actively. The session started with a small introduction by Ms.Sakshiya of II BBA on the disadvantages of using artificial face powder. She also insisted on going for natural ingredients like rice powder and sandal powder for making face powder. We encouraged the village people to market the face powder to increase their income. The session was ended by thanking the village for their active participation and the students distributed free sample to the village people.

29.02.2020

Workshop on herbal health care product preparation

Students and staff of department of Botany, St. Mary's College (Autonomous), Thoothukudi organized a workshop on herbal health care product preparation for village people in Servaikaranmadam on **29th February 2020** as a part of Unnat Bharat Abhiyan scheme. Dr. S.

Beulah Jerlin, Assistant professor of Botany, St. Mary's College Autonomous Thoothukudi was the resource person. She gave a clear lecture on the uses of herbal products in treating common diseases. She demonstrated the process of preparing herbal products to treat common cold and gastric problems. She has also helped the village women to prepare bathing powder and hair wash powder. The village women were highly benefited through this workshop.



**St. Mary's College (Autonomous)
Thoothukudi
(AISHE Code: C-41151)**

**Initiatives during the pandemic COVID-19
under Unnat Bhart Abhiyan**



“REACH THE UNREACHED IN COVID-19”

**Initiative 1: DISTRIBUTION OF SANITIZERS, MASK, RICE AND
GROCERY ITEMS**

Village : Periyamayagapuram, Korampallam Panchayat

Beneficiaries : 25 families in the adopted village

Date : 18.04.2020



Description: Sanitizers, Mask, Rice and Grocery items were distributed to selected 25 downtrodden families in the adopted village Periyamayagapuram, Korampallam Panchayat on 18th April 2020.

Report Link: <https://timestampnews.com/providing-cleaning-products-to-pure-marian-college/5610/>

Initiative 2 : DISTRIBUTION OF BISCUITS TO LITTLE ONES

Village : North Korampallam Panchayat and South Kalangarai

Beneficiaries : 50 Children

Date : 28.04.2020



Description: Biscuit packets were distributed to the little ones in North Korampallam Panchayat and South Kalangarai on 28th April 2020.

Report Link: <https://timestampnews.com/helping-hands-4/6143/>

Initiative 3: DISTRIBUTION OF COVID 19 RELIEF FUND (Rs. 1000)

Village : Tharuvaikulam, Pazhayakayal, Maravanmadam, Korampallam

Beneficiaries : 75 Poor Women in the adopted villages

Date : 30.04.2020



Description: Per head Rs. 1000/- was given to 75 poor women in the adopted villages Tharuvaikulam, Maravanmadam, Pazhayakayal and Korampallam on 30th April 2020.

Report Link: <https://timestampnews.com/rs-1000-relief-for-75-poor-women-thoothukudi-pure-marianne-college/6266/>

Initiative 4: DISTRIBUTION OF GROCERY ITEMS TO HANDLOOM WEAVERS

Village : Namalvaur Nagar, Servaikaramadam Panchayat

Beneficiaries : 75 Poor Women in the adopted villages

Date : 01.05.2020



Description: Rice and Grocery items distribute to handloom weavers in Namalvaur Nagar, Servaikaramadam Panchayat near Pudukkottai on 1st May 2020.

Report Link: <https://timestampnews.com/corona-relief-works-at-periyar-madanam-pure-marian-college/6293/>

INITIATIVE 5: DISTRIBUTION OF FACE MASK, RICE, WHEAT, VEGETABLES AND GROCERY ITEMS TO GIPSIES

Village : Poopandiyapuram

Beneficiaries : 75 Gipsies

Date : 02.05.2020



Description: Face Mask, Rice, Wheat, Vegetables and Grocery items were distributed to 75 Gipsies who are doing Basket Weaving in Poopandiyapuram on 2nd May 2020.


Report Link: <https://timestampnews.com/covid-19-relief-works-for-bamboo-basket-free-persons-pure-marianne-college/6355/>

INITIATIVE 6: DISTRIBUTION OF FACE MASK, RICE, WHEAT, VEGETABLES AND GROCERY ITEMS TO POOR FAMILIES

Village : Dasnavis Nagar and PonSubbiah Nagar

Beneficiaries : 75 Poor Families

Date : 02.05.2020

 <https://timestampnews.com/covid-19-relief-works-for-bamboo-basket-free-persons-pure-marianne-college/6355/>

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மூங்கில் கூடை மூடையும் குறவர்களுக்கு கோவிட்-19 நிவாரண பணிகள் - தூய மரியன்னை கல்லூரி

 May 2, 2020

தூத்துக்குடி தூய மரியன்னை கல்லூரியின் மரியின் ஊழியர் ஆசிரியர் நண்பர்கள் அமைப்பு பூபாண்டியபுரத்தில் உள்ள கூடை மூடையும் 75 குறவர் குடும்பங்களுக்கும் தஸ்நேவிஸ் நகரில் வசிக்கும் 75 ஏழைக் குடும்பங்களுக்கும் அரிசி, காய்கறிகள், கோதுமை மாவு மற்றும் முகக் கவசங்களை 02.05.2020 அன்று வழங்கின. கல்லூரியின் முதல்வர் அருட்சகோதரி முனைவர் லூசியா ரோஸ் கோவிட்-19 ஊரடங்கு சமயத்தில் ஏழை மக்களுக்கு உதவ ஊக்குவித்தார். மரியின் ஊழியர் ஆசிரியர் நண்பர்கள் அமைப்பின் தலைவர் முனைவர் திருமதி. சோபியா அவர்கள், அமைப்பின் மையக்குழு உறுப்பினர்கள் மற்றும் கல்லூரியில் பணியாற்றி ஓய்வு பெற்ற பேராசிரியர்கள் மூலம் பொருளுதவி பெற்று இந்நலத்திட்டத்திற்கான ஏற்பாடுகளை செய்திருந்தனர். மரியின் ஊழியர் ஆசிரியர் நண்பர்கள் அமைப்பின் ஒருங்கிணைப்பாளர் அருட்சகோதரி முனைவர் குழந்தை தெரஸ் அவர்களின் முயற்சியால் இந்த உதவிகள் மக்களிடம் வழங்கப்பட்டன. பத்திரிக்கை நண்பர்கள் மற்றும் அங்குள்ள சமூக ஆர்வலர்கள் இதற்கு பேராதரவு நல்கினர். மேலும் மெய்யெழுத்து அறக்கட்டளையினர் இணைந்து தஸ்நேவிஸ் நகர் மற்றும் பொன்குப்பையா நகர் பகுதி மக்களிடம் நிவாரணப் பொருட்கள் சென்றடைய உதவினார்கள்.

Description: Face Mask, Rice, Wheat, Vegetables and Grocery items were distributed to 75 poor families in Dasnavis Nagar and Ponsubbiah Nagar on 2nd May 2020.

Report Link: <https://timestampnews.com/covid-19-relief-works-for-bamboo-basket-free-persons-pure-marianne-college/6355/>

**Initiative 7: DISTRIBUTION OF FACE MASK, RICE, WHEAT,
VEGETABLES AND GROCERY ITEMS TO POOR FAMILIES**

Village : Poopandiyapuram

Beneficiaries : 50 Families

Date : 09.05.2020



Description: Face Mask, Rice, Wheat, Vegetables and Grocery items were distributed to 50 poor families in Poopandiyapuram on 9th May 2020.

Report Link: <https://timestampnews.com/helping-hand-from-st-marrys-college-sisters/6691/>

Initiative 8: DISTRIBUTION OF FACE MASK, VEGETABLES AND GROCERY ITEMS TO FINANCIALLY BACKWARD WOMEN

Village : Rajapalayam

Beneficiaries : 75 Financially Backward Women

Date : 15.05.2020



Description: Face Mask, Vegetables and Grocery items were distributed to 75 financially backward families in Rajapalayam on 15th May 2020.

Report Link: <https://timestampnews.com/covid-19-relief-for-the-people-of-thoothukudi-rajapalayam/6952/>